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Julie Holden is president of Carelogix Health Solutions Inc. She has an extensive background of more than 30 years of delivering health and productivity solutions to her clients across a wide variety of industries. As a principal at one of Canada's largest human resource consulting firms, Julie led its health and productivity practice in Ontario, working with many corporate and not-for-profit organizations. She was also the practice leader at two leading HR consulting firms, working with clients on disability management and workplace wellness initiatives. Previously, Julie was an assistant vice president at a large insurer, leading the Group Disability Claims department, subsequent to many years spent in various management roles, including head of the Group Creditor Disability Claims department with another Canadian insurer. She is certified by the Canadian Mental Health Association as a Psychological Health and Safety Advisor to workplaces and is on the *Benefits Canada* Advisory Board as well as on the panel of judges for their annual Workplace Benefits Awards. Julie is a registered practitioner with the Human Resource Professionals Association of Canada (HRPA).