



Janice Holman, CFA, CFP

**Principal, Financial Wellness and DC Consulting
Eckler Ltd.
Halifax, Nova Scotia**

Janice Holman leads the financial wellness consulting group at Eckler and is a principal of the firm. She joined Eckler in 2004 and developed and lead the DC Consulting group for over ten years. Holman's unique professional background contributes to her expertise in all key areas affecting CAPs and promoting financial wellness. Her passion for helping companies design effective plans and providing the support members need to reach their financial goals fuels all that she does. Holman began her career in investments as a fixed income analyst, then worked directly with members as an education and communications manager. She also spent several years with two leading insurance companies as an investment executive. Holman has focused on helping plan sponsors design programs that achieve the best possible retirement outcomes by guiding clients in establishing governance structures, creating and refining plan design, selecting and monitoring record keepers, and developing and adjusting investment offerings over time. Recognizing the need for financial wellness support was broader than CAP members, she created a stand-alone financial wellness group within Eckler to work with clients to create and deliver financial wellness programs that improve Canadians' financial security, both today and tomorrow. Holman works with some of the largest Canadian organizations and is committed to the CAP and financial wellness industries. She regularly contributes to industry publications and is a frequent speaker at conferences. Holman graduated from Bishop's University with a bachelor of business administration degree and holds the Chartered Financial Analyst (CFA®) designation as well as the Certified Financial Planner (CFP) designation.