



## **Trina Laube, CWP**

Director, Wellness Professional Development  
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Trina Laube, CWP, is Director, Wellness Professional Development at the Wellness Alliance, where she leads the Certified Wellness Practitioner (CWP) program and oversees online education. For more than 15 years, she has supported wellness professionals and students in advancing their knowledge, skills, and careers through engaging learning and networking opportunities.

Trina brings a background in communications, instructional design, staff development, and event planning. She is passionate about creating inclusive professional development experiences that reflect the diverse backgrounds, career paths, and settings across the wellness field, and is committed to supporting growth at both the individual and organizational level.

Outside of her work, Trina enjoys traveling, attending live music events, exploring new foods—often inspired by her daughter’s cooking—and putting her knowledge to the test with trivia.