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Cheryl Nienhuis is director of health and welfare benefits at Mayo Clinic. With over 20 years of experience as a leader in human resources and benefits, she has also developed core competencies in health promotion and benefit communications. Previously, Cheryl helped employers manage health care costs while providing high-value health care benefits to employees through the Mayo Clinic Complex Care Program. Cheryl holds a master of business administration in marketing and health care management degree from Dallas Baptist University. She holds Certified Employee Benefits Specialist® (CEBS®) and Professional Human Resources (PHR) certifications, which reflect her dedication to excellence and lifelong learning in her field. Her mission is to serve others so they can do their jobs and fulfill their dreams to the best of their ability.