

Sally-Ann Polson

President and CEO
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Sally-Ann Polson is the President and Chief Executive Officer of MedWatch, LLC, bringing decades of leadership experience in healthcare management, cost containment, and medical management services. Her healthcare career began with the Peace Corps in The Gambia, West Africa, where she developed a primary healthcare system serving more than 50 villages that previously had no access to healthcare services. Her work was recognized by the World Health Organization as a model for primary healthcare systems in developing regions.

Upon returning to the United States, Ms. Polson held leadership positions with the American Red Cross and INOVA Health System, where she led the development of corporate health programs and launched Health Cost Consultants, a medical management and cost containment company. She later served as Senior Vice President of INOVA and President of Health Cost Consultants, growing the organization into a successful national business that was ultimately acquired by Aetna.

Ms. Polson subsequently spent 12 years as Executive Vice President of American Health Holding, helping transform the organization into one of the nation's leading cost containment companies. Since joining MedWatch in 2011, she has focused on delivering innovative solutions that address the healthcare industry's most pressing challenges while improving outcomes for patients, health plans, employers, and other payers.

Ms. Polson earned her undergraduate degree with honors from Sweet Briar College and completed her graduate business education at the Darden School of Business at the University of Virginia.